



LORD'S DAY SERVICE

3RD SUNDAY OF LENT

MARCH 8, 2026



TRINITY
REFORMED CHURCH

WELCOME!

We are thankful to have you worshipping with us this evening.

Lent is the season of the Church calendar that spans the 40 days leading up to Easter. Lent is from the old English word which means “lengthening” and refers to springtime, when the days are getting longer and lighter. Another name for this season is “Quadragesima” which simply means “fortieth,” counting backwards from Easter to the fortieth day before Resurrection Sunday. Historically, Lent began as a discipleship class for new believers. It became customary to have baptisms at Easter, so new believers would be enrolled in these classes prior to Easter to teach them the basics of the faith, frequently working through the Apostles’ Creed, the most basic Christian confession. Eventually, many leaders in the Church saw the need for all Christians to be annually reminded of the basics of the Christian faith and disciplines. Over time, practices like fasting and various forms of abstinence became forms of oppression and guilt manipulation, often confusing them as means to earning God’s favor. Therefore many of the great Protestant Reformers taught their congregations to disregard the Roman church’s rules and regulations for Lent. Standing squarely in the Reformation tradition, we remember and embrace their wisdom and courage in freeing the people of God from man-made traditions and rules.

In Christ, we are free, and no Christian is bound by man-made customs or traditions regarding eating or fasting, days or seasons. At the same time, we stand with the older, historic Church believing that it is fitting and good for the people of God to be annually reminded of the basics of the faith, to be called to greater faithfulness, and to war against sin, the devil, and the flesh in the hope of the Resurrection. In that spirit, we observe Lent as a season of growing light, the light of Christ come into the world--a time to examine our lives and families, to cast off the works of “darkness,” and to put on the armor of light. We enter this season together on Ash Wednesday remembering that the way of the cross is foolishness and the way of life is through the dust of death.

If you would like to talk to someone about who Jesus is or what it means to be a Christian, please contact the church office to set up an appointment: office@trinitykirk.com // 208.882.2300

If you are new or visiting with us today, below is some information to help you make the most use of our facility:

- *The nursery and women’s lounge are located through the back door of the sanctuary, and beyond the back foyer. The nursery is wired for sound. Please feel free to make use of these rooms as needed.*

CALL TO WORSHIP

PRELUDE

The people shall stand

PROCESSIONAL // *Be Not Far Off, For Grief is Near, Cantus 31*

GREETING

MINISTER: Let us worship God in the name of the Father and of the Son and of the Holy Spirit.

PEOPLE: Amen.

God has demonstrated His love toward us;

For while we were still sinners, Christ died for us.

While we were still enemies,

We were reconciled to God through the death of His Son.

Christ our Passover has been sacrificed for us,

Let us therefore keep the feast with the unleavened bread of sincerity and truth.

COLLECT FOR PURITY

Almighty God,

Unto whom all hearts are open,

All desires known,

And from whom no secrets are hid:

Cleanse the thoughts of our hearts by the inspiration of Your Holy Spirit,

That we may perfectly love You

And worthily magnify Your Glorious Name,

Through Jesus Christ our Lord.

Amen.

The people shall sit

CHORAL ANTHEM // *Thou Knowest, Lord, the Secrets of Our Hearts* // Teen Choir

Composer: Henry Purcell, 1677

Text: Book of Common Prayer, 1662

Thou knowest, Lord, the secrets of our hearts;
shut not thy merciful ears unto our pray'rs;
but spare us, Lord most holy, O God most mighty.

O holy and most merciful Saviour,
thou most worthy Judge eternal,
suffer us not, at our last hour,
for any pains of death, to fall from thee. Amen.

ASCENSION

SURSUM CORDA

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks unto the Lord our God.

It is proper and right to do so.

It is good, right and beneficial that we should at all times and in all places give thanks to You, O Lord, Holy Father, Almighty God, heavenly King . . . Therefore, with angels and archangels and with all the company of heaven, and with all the church on earth, we laud and magnify Your glorious name, evermore praising You and singing:

SANCTUS // Cantus 407

1. Ho - ly, ho - ly, ho - ly, ho - ly is the Lord!
2. Ho - ly, ho - ly, ho - ly, ho - ly is the Lord!

Ho - ly, ho - ly, ho - ly, wor - shipped and a - dored.
Ho - ly, ho - ly, ho - ly, wor - shipped and a - dored.

He with - out be - gin - ning, age - less and the same,
Lord of hosts, the glo - ry from thy throne out - poured

is and ev - er shall be, glo - ry to his name.
fills the earth and heav - ens; ho - ly is the Lord!

COLLECT FOR PEACE

O God,

The Author of peace and lover of concord,

To know You is eternal life

And to serve You is perfect freedom.

Defend us, Your humble servants, in all assaults of our enemies,

So that we, trusting in Your defense,

May not fear the power of any adversaries.

Through the might of Jesus Christ our Lord,

Who died that we might have peace with You. Amen.

The people shall sit

PROCLAMATION OF THE WORD

OLD TESTAMENT LESSON // *Malachi 3:1-5*

After the reading, the reader and people shall say

The Word of the Lord.

Thanks be to God.

The people shall remain seated

PSALM 40 // *I Waited for the Lord, Cantus 74*

NEW TESTAMENT LESSON // *1 Peter 4:12-19*

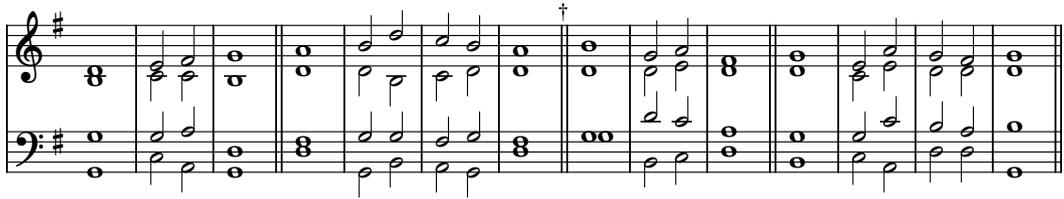
After the reading, the reader and people shall say

The Word of the Lord.

Thanks be to God.

The people shall stand

CANTICLE // *Colossians 1:15-20*



He is the image of the in | visi · ble | God,
The | first born · over | all cre | ation,
For in Him were cre | ated all | things,
In the | heavens and | on the | earth,
†Visible | and in | visible,
Whether thrones or do | minions or | rulers or | powers.

All things were created | THROUGH | Him,
And | FOR | – | Him,
And He is be | fore all | things,
And in | Him all | things co | here.

And He is the Head of the | body, the | church,
Who is the beginning, the | Firstborn | from the | dead,
That in everything He might | be pre | eminent,
For in Him all God's | fullness was | pleased to | dwell.

And through Him to reconcile to Him | self all | things,
Making peace through the | BLOOD | of His | cross,
Whether | things on | earth
Or | THINGS | in the | heavens.

Glory to the Father and | to the | Son
And | to the | Holy | Spirit;
As it was in the beginning, is now and | ever | shall be;
Age after | AGE | A-| men.

The people shall remain standing

GOSPEL LESSON // *Matthew 5:2-12*

After the reading, the reader and people shall say

The Gospel of our Lord.

Glory be to You, Lord Christ.

The people shall sit

SERMON // *Suffering and the Spirit of Glory* // *1 Peter 4:12-19* // *CJ Bowen*

The people shall stand

PASTORAL PRAYER

LORD'S PRAYER

Minister: Our Father, which art in heav'n:

Hal-low-ed be thy name. Thy king-dom come. Thy will be done in earth, as it is
in heav'n. Give us this day our dai - ly bread. And for-give us our tres - pass-es,
as we for-give them that tres - pass a - gainst us. And let us not be
led in - to temp-ta - ti - on, But de - liv - er us from e - vil. A - men.

HEIDELBERG CATECHISM FIRST QUESTION & ANSWER

What is your only comfort in life and in death?

**That I am not my own, but belong—body and soul, in life and in death—
To my faithful Savior, Jesus Christ.**

**He has fully paid for all my sins with His precious blood,
And has set me free from the tyranny of the devil.**

**He also watches over me in such a way that not a hair can fall from my head
Without the will of my Father in heaven;**

In fact, all things must work together for my salvation.

**Because I belong to Him, Christ, by His Holy Spirit, assures me of eternal life
And makes me wholeheartedly willing and ready from now on to live for Him.**

PASSING OF THE PEACE

The Peace of the Lord be always with you.

And with your spirit.

The people exchange peace. As the piano begins to play, the people shall return to their seats.

Behold how good and pleasant it is for brethren to dwell together in unity.

Amen.

The people shall sit

OFFERTORY // *He Takes But What He Gave, st. 2*

The dear de - lights we here en - joy, and fond - ly call our own,
are but short fa - vors bor - rowed now, to be re - paid an - on.

PRAYERS OF THE PEOPLE // *See page 14*

Following each thanksgiving or petition, the leader and people shall say

Lord, in your mercy,

Hear our prayers.

CELEBRATION OF THE EUCHARIST

*At Trinity, we eat and drink the elements as they pass. As you give the elements to your neighbor, say “**The body of Christ broken for you**” or “**The blood of Christ shed for you.**” As you receive the elements, say “**Thanks be to God.**” We invite all who profess faith in the Lord Jesus Christ, have been baptized, and are not under church discipline to share the meal with us. If you have any questions about your participation, please see one of the elders or pastors before or after the service.*

EUCHARISTIC MEDITATION

THANKSGIVING FOR THE BREAD

DISTRIBUTION HYMN // *Only Begotten, Word of God Eternal, st. 1-3, Cantus 216*

THANKSGIVING FOR THE CUP

DISTRIBUTION HYMN // *Only Begotten, Word of God Eternal, st. 4-6, Cantus 216*

The people shall stand

FINAL THANKSGIVING

Almighty God,

Who has given Your only Son

To be both a sacrifice for sin

And an example of godly life,

And has fed us with spiritual food and drink;

Give us grace that we may always thankfully receive His benefits,

And daily take up our cross and follow Him.

Through the same Jesus Christ our Lord,

Who was crucified,

But now ever lives and reigns with You

And with the Holy Spirit,

Unto ages of ages.

Amen.

COMMISSION

PASTORAL CHARGE AND BENEDICTION

RECESSIONAL // *The Son of God Goes Forth to War, Cantus 282, st. 1*

**The Son of God goes forth to war, a kingly crown to gain;
His blood-red banner streams afar! Who follows in His train?
Who best can drink His cup of woe, triumphant over pain,
Who patient bears his cross below, he follows in His train.**

The people shall sit

ANNOUNCEMENTS

DISMISSAL

Go in peace, and may the God of peace go with you.

Amen.

You are invited to join us in the festival hall and narthex after the service for fellowship, coffee, and treats.

UPCOMING EVENTS

Children and Adult's Sunday School Continues

- 10:15-10:45am

Spring Student Lunch: March 11th

- This Wednesday, 12pm
- Sign up through the link in the church emails

Psalm Sing & Potluck: March 15

- Sing at 5pm, Eat at 6pm
- Pasta & Salad Potluck: Sign up to bring food through the church emails

PRAYERS OF THE PEOPLE

Following each thanksgiving or petition, the leader and people shall say:

*Lord, in your mercy, **hear our prayers.***

OUR THANKSGIVINGS

Our children

Our people: Sam & Grace Taylor (Vincent, Torah, Mason, Miles, Stella, Siri, Darcy), Emmett Torrey, Bethany Trauger

Engaged: Justus Dittamore & Sarah Fudge (6/6), Caleb Kreft & Miriam Barreth

Recent Members: Wesley & Bethany Friedel

OUR LOCAL CHURCH

Provision and Protection for Widows, Single Mothers, and their Children

Wives who wish to become pregnant

Those who have rejected the gospel: Daniel Vivar

Mothers who are expecting: April: Elise Martin, Noelle Eaton, Josephine Stevenson; May: Alice Courtney, Allison Thie, Belle Brabham; August: Sarah Clingaman, Lydia Henriquez; September: Caroline Salmon

Those who are sick or injured: Bev Atwood, Afton Frazier, Julia Moya

Our Leadership & Church Staff: TRC Staff

OUR BROADER CHURCH COMMUNITY

Churches in our Presbytery: Palouse Fellowship (mission church of VCC)

CREC Churches around the world: Holy Trinity Reformed Church (Ukraine)

Supported Ministry of the Month: Reuben & Lydia Henriquez, Mission to the Ganj

Christians in Malaysia:

- Pray for the 9% of Malaysians who confess Christianity as they are pressured by the government and Muslim groups in various ways.
- Pray for Pastor Henry as the Islamic associations have dectiefly changed many Christians' IDs to read 'Muslim,' prohibiting them from legally attending church.

OUR BROADER COMMUNITY

Local government: The Governor of Idaho, Brad Little

National government: The President of the United States, Donald Trump & the United States Military

Public needs and recent events: End of unjust wars, that our leaders would exercise force judiciously, and that the peace of Christ would fill the earth

If you wish to be added to the TRC prayer list, please contact the church office: office@trinitykirk.com.

SERMON NOTES

Suffering and the Spirit of Glory // 1 Peter 4:12-19 // CJ Bowen

TRC LEADERSHIP & STAFF

ELDERS

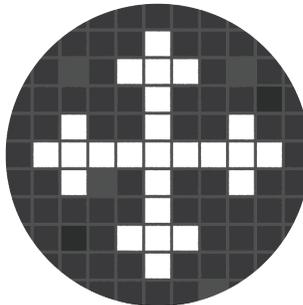
Joshua Appel, *Pastor*
CJ Bowen, *Executive Pastor / Moderator*
Ryan Handermann, *Pastor*
Roy Atwood, *Teaching Elder*
Patch Blakey, *Ruling Elder (commissioned to establish ERC)*
Jeff Harlow, *Teaching Elder (commissioned to establish ERC)*
Chris Schlect, *Teaching Elder*
Joseph Schoolland, *Ruling Elder*
Kaleb Trotter, *Ruling Elder (commissioned to serve King's Church of Spokane Valley)*
Timothy van den Broek, *Teaching Elder*

DEACONS

Sam Paul, *Moderator*
Ethan Brandt, *Benevolence / Facilities*
Eric Burnett, *Treasurer*
David Dalbey (*deacon in training*), *Secretary*
Zach Hurt (*commissioned to establish ERC*)
Isaac Lopez, *Worship / Social*
Ethan Oldham, *Social*
Bennett Schlect, *Security / Facilities*
Justin Swift (*commissioned to establish ERC*)

STAFF

Ella Appel, *Secretary*
Sara Appel, *Youth Choir Director*
Alice Courtney, *Event Coordinator*
Devon Doornbos, *AV Tech*
Isaiah Evans, *Organist*
Tony Evans, *Facilities Technician*
Jeff Harlow, *Marriage & Family Counselor*
Phoebe Penney, *Office Intern*
Joshua Roberts, *Music Director*
Jacob Rush, *Pastoral Intern / Virtus Fellowship Leader*
Nathan Shearouse, *Facilities Technician*
Shannon Shryer, *Administrative Secretary*
Christine Stokes, *Bookkeeper*



TRINITY
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Worship Times: 8:30 and 11:00 am
101 E. Palouse River Drive — Moscow, ID, 83843
office@trinitykirk.com | trinitykirk.com | 208.882.2300